

# Source Foods

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## HOT SELECTION

### MINI QUICHES

Single / 3.85 / GFO 4.50  
Mixed Box 20/ 72.00 / GFO 85.00

*Free-range egg with your choice of Feta & Sundried Tomato (V)*  
Roasted Red Pepper & Parmesan (V)  
Herb Roasted Mushroom & Pesto (V)  
Bacon, Cheddar & Chive  
Smoked Salmon & Dill Cream Cheese

### HOME MADE PIES

Single / 4.50 / GFO 5.00  
Mixed Box 20 / 85.00 / GFO 95.00  
Classic Beef & Cheese  
Creamy Mushroom & Butternut (V)

### FALAFAL

Single / 3.20  
Chickpea & Lentil Served With Hummus (GF/VGN)

### FREERANGE SPICED MEATBALLS

Single / 3.50  
Meatballs Served with Truffle Mayonnaise

### ARANCINI BALLS

Single / 3.30  
Vegetarian Arancini Ball Served with Aioli (V/GF/VGNO)

### SAUSAGE ROLL BITES

Single / 3.00 / GFO 3.50  
Mixed Box 20 / 55.00 / GFO 65.00  
Free-range Port & Fennel or Spiced Lentil & Chickpea (V)

### FILLED CROISSANT

Single / 12.50 (Fresh or Toasted)  
Ham, Cheddar & Tomato or Cheddar, Tomato & Onion Jam (V)

## SANDWICH SELECTION

### BREAKFAST WRAPS

Single / 12.50  
Flour Tortillas Hand Rolled and Lightly Toasted - Choose From

Free-range Bacon, Cheddar, Scrambled Egg, Spinach & BBQ Sauce

Herbed Roasted Mushrooms, Spinach, Onion Jam, Hummus & Cheddar

### LUNCH BOX

Small (5) / 50.00  
Large (10) / 110.00  
X-Large (15) / 140.00  
Chefs selection of Sandwiches  
Meat / Vegetarian / Vegan

### BREAKFAST BAGELS

Single / 12.00  
Holey Bagel with your choice of filling - Served Warm / Cut in half

Free-range Bacon, Fried Egg, Cheddar & BBQ Sauce

Smoked Salmon, Dill Cream Cheese, Capers & Red Onion

Tempeh, Herb Pesto, Onion Jam  
Roasted Red Pepper, Vegan Aioli (V/VGNO)

### WRAPS

Single / 12.50  
Box of 4 / 45.00  
Chefs Selection - Flour Tortilla Wraps Hand Rolled Cut in half or Whole.

## COLD SELECTION

### FRITTERS

Single / 3.50  
Box of 20 / 60.00  
Spiced Zucchini, Lupin & Chia with Hummus (VGN/GF)  
Sweetcorn & Chive with Avocado Whip (V/GF)

### EGG FRITTATA

Single / 3.85  
Free-range Egg with Mixed Grilled Vegetables, Feta & Onion Jam Served with Pesto (V/GF)

### GRAZING BOX

Large Box (10) / 60.00  
Cold Meats, Cheeses, Dips, Fruit & Nuts with Crackers & Breads (VGNO/GFO)

### SAVOURY MINI TARTS

Smoked Salmon, Dill Cream Cheese, Zucchini Salsa & Dukkha / 3.95

Smoked Chicken, Aioli, Pickled Radish & Black Sesame / 3.95

Herb Pesto, Soft Feta, Tomato Salad & Spiced Seeds / 3.30 (V)

Herb Pesto, Sautéed Mushroom, Feta & Truffle Oil / 3.50 (V)

### SEASONAL FRUIT BOX

Single Serve Cup / 5.00  
Small Box (5) / 30.00  
Large Box (10) / 50.00

### GRANOLA CUP

Natural Yogurt, Fruit & Milk (V/ VGNO/GFO) / 8.50

## SALADS BOXES

### CHICKEN

Free Range Smoked Chicken, Slaw Spinach, Herbs, Spiced Seeds, Cashews & Spicy Mayo (GF) / 12.00

### BEEF

Pulled Salted Beef, Maple Roasted Butternut, Spinach, Baby Tomatoes, Feta, Dukkha, Lemon & Balsamic (GF) / 12.00

### ANCIENT GRAINS

Ancient Grains , Mixed Herbs, Spring Onion, Spinach, Chilli, Cherry Tomato, Feta, Roasted Red Peppers Sesame & Lemon (V/GF) / 10.00

### PESTO PASTA

Basil & Rocket Pesto, GF Pasta, Toasted Cashews, Semi Sun-dried Tomato, Parmesan & Spinach (V/GF) / 10.00

### CHICKPEA

Chickpea & Mixed Grilled Vegetables, Spring Onion, Feta, Roasted Garlic Spinach, Cherry Tomato, Lemon & Balsamic (V/GF) / 10.00

### MAPLE ROASTED BUTTERNUT

Roasted Butternut, Spinach, Vege Noodles, Herbs, Toasted Seeds, Cherry Tomato, Cashews & Balsamic (GF/VGN) 10.00

V Vegetarian  
VGN Vegan  
VGNO Vegan Option  
GF Gluten Free  
GFO Gluten Free Option

SHOP 4/ 289 BEAUFORT STREET NORTHBRIDGE WA 6003

FOR DELIVERIES, CALL 0409317007 OR EMAIL US AT EMMA@SOURCEFOODS.COM.AU

We Supply all catering in cardboard catering boxes as they are compostable, We charge \$3.00 per box this will be added to your quote. As all our food is hand made to order at least 48 hours notice is preferred, last minute requests are subject to availability of produce. Minimum order applies to per piece items of 10pcs.